



The Centre Of Life

Life Science Centre, Times Square, Newcastle upon Tyne NE1 4EP

Tel: 0191 243 8210

Train

Newcastle Central Station is a 3-minute walk from the train station.

- Walk west towards Bewick St
- Turn left onto Neville St/A186

Driving

The sat nav reference for the car park is NE1 4AD (opposite Jurys Inn hotel). Look out for Centre for Life and/or Times Square Car Park signage to direct you.

Please take your car park ticket to reception, here they will stamp it giving you a discounted rate of £4.50 for the full day.

Bus

Plenty of local buses stop just next to Central Station. Visit the Centre of Life website to find out about discounts for those travelling to Life by public transport.

Cycle

There are also cycle racks in Times Square for you to lock up your bike.